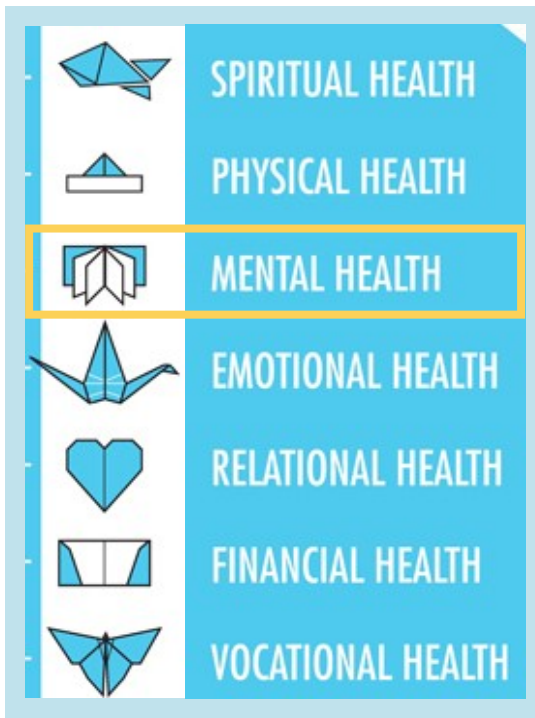




Transformed: Mental Health



We need to be an active participant in allowing God to change our thinking, and this is also the case when we come to issues of mental health. As the brain is an organ of the body susceptible to damage and illness just like any other, the Christian response to mental illness should be twofold: **1.prayer** and **2.seeking medical help.**

Tony specifically asked **Glenn Cameron** from St Marys Baptist Church to take this topic. Glenn has a great love for the Lord and the Scriptures, and he is a qualified counselor

and family therapist with over 10 years of experience working with individuals and couples struggling with aspects of their lives and relationships.

In this series, we have seen that we are not to conform to the world, but be transformed. The transformation therefore **starts with our thinking**, a truth commonly found in Scriptures.

(Continued on following page)...

REGULAR MEETINGS

SUNDAY CHURCH.....weekly at 9:30am
SUNDAY MORNING PRAYER.....8:15am on 1st Sunday of the month
WEDNESDAY FRIENDSHIP GROUP.....weekly at 9:45am
WIGGLING WOMBAT PLAYGROUP.....Thursday from 10am
THURSDAY CHURCH.....weekly at 6:30pm
COMMUNITY PRAYER NIGHT.....7pm on 4th Sunday of the month

(Continued from previous page)...It is important therefore to **discipline our minds**. By managing our thoughts we can help to regulate our emotions and then we are freer to be and do what God wants from us.

It is therefore a **daily choice to move towards a healthy mind**, filling our minds with the truth God reveals to us, freeing our minds from destructive thoughts, and strengthening our focus on what we know to be right and good for us. Victims need to be shown the way to freedom/escape and Jesus have a lot to offer.

We as his followers (the Church) can disciple people who feel like they are trapped by **demonstrating in our life** the path to freedom through an active faith in Jesus.



KATH & JOHN

*would like to invite the church family
to join with them as they celebrate their wedding on
Saturday 3rd June
at the Westview Church property
at 2pm*



They are requesting **no gifts** but suggest anyone who wishes to may **give a gift towards the 2017 mission project** supporting the Beeck family in Mozambique. A box for giving towards this will be available on the day.



AUSTRALIA'S BIGGEST MORNING TEA event on Thursday 25th May from 10am

"The Wiggling Wombats" Thursday PlayGroup would like to invite Westviewers who are free to come along on **Thursday 25th May** for a **morning tea fundraiser**.

It's a great opportunity to meet some of the parents and kids who come along to our church property week after week. If you are free and would like to come along please **speak to Becky or Lin**.

New Morning Tea Sheet

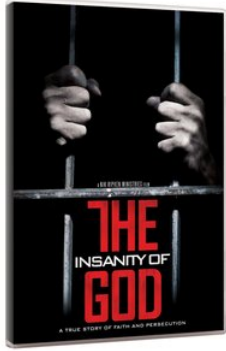


A new **'choose a date' roster** has been put out **on the noticeboard**. If you would like to bring morning tea on a particular Sunday to share you can just tear off a date from the sheet and bring something along that week.

We do value this, and it is lovely for guests and our own church community to be able to share something nice together as we catch up each Sunday. So **thank you** to each one who serve us in this way!

*Your eyes have seen
my unformed substance;
And in your book were all written
The days that were ordained for me,
When as yet there was not one of them.*

Psalm 139:16



DVD: Insanity of God

We would like to encourage everyone to watch the 'Insanity of God' DVD. If you have not yet seen it **please see JJ to borrow it**. If you have watched it why not have a chat to someone else about what you took from it...



Westview's Results to the National Church Life Survey are in!

A big thank you to all those who filled out a survey for us a few months ago. The **results are able to be emailed** and there will also be **some copies on the back table** this Sunday. The results are laid out in a very helpful, easy way. The Elders and Deacons would love any **feedback** from you based on what you see.

CONNECT WITH US

Online...

-  www.westviewbaptistchurch.com.au
-  www.twitter.com/westviewbaps
-  www.instagram.com/westviewbaptist
-  www.facebook.com/westviewbaptistchurchdoonside

Speak with Someone...

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Lee Arundel 02 9621 6907

PROPERTY MAINTENANCE

Tony Kenning 02 9621 8932

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'Westview Baptist Church'

BSB: 704 922 Account: 100003291